



Centerline

A monthly publication dedicated to communicating the latest local & regional dressage news & information to enrich Oklahoma dressage riders' equestrian experience.

OCTOBER

2020

New ODS Group Texting

ODS is high tech! Check out how you can get up-to-date info at your fingertips. **Pg 2**

ODS Swag

Perfect for the farm or the street, order your new ODS Polos and hats! **Pg 3**

ODS Member Tells A Tale We All Can Learn From

An ordinary day turned into a lesson in horse behavior and botany. **Pg 5-7**

Monthly Quotables

Sometimes things are worth repeating and sharing. **Pg 8**

Local Vet Announces Retirement

A favorite vet of many hangs up his stethoscope after 40+ years in practice. **Pg 9**

FREE! ODS Member Appreciation Clinic

Don't miss this super opportunity to hone Classic & Western Dressage riding. **Pg 12**

Letter From The President

Greetings, folks ~

Does it work this way for you? You sail along, thinking you've got things under some semblance of control, a couple of days (weeks) pass and suddenly you are caught feeling behind? Yep, that's how this past month felt to me! So, I'm catching up with many things. The Board meeting on Oct. 12 was full of information and decisions.

Marta Koenig presented the quarterly Profit & Loss summary and the Balance sheet, both of which can be seen on the website with your member access.

Sign-up for the Member Appreciation Free Clinic with **Laurie Hedlund** is underway, and there are still available spots.

Dolly Hannon "S", who did a wonderful Zoom Meeting for us in September, has agreed to return for a **Judges Seminar and Clinic** in February 2021, and that proposed budget was approved.

The **Policies Committee** has been working diligently reviewing and cleaning up our By Laws and Policies. These will be sent out to the membership for review when completed, and voting will take place during the **January AGM**. Regarding that, it looks like it will have to be Virtual because of difficulty in finding a venue that will take a group. We are working on being creative here ~ maybe a

hybrid of limited live with virtual? Stay tuned for details on the AGM.

Kat Greubel reported on GCC events, going strong with many virtual shows this year. They have elected to finish out the year with virtuals, including their Championships. Check out the GCC Website for details. Closing date for the two current shows is **November 1**, so there is still time to trot yourself down centerline!

We are excited to announce that we are pursuing **group texting** possibilities! One of our biggest frustrations is getting information out to the whole membership effectively. Texting seems to be a preferred method when we asked members. Check the Newsletter for information.

We held a Schooling Show in the OKC area! Look for **Nancy Trait-Lira's** report on that in this issue, along with show plans for Spring.

And finally, it is **Election time!** No, not THAT one on November 3, but ours in January for replacement Board members. I cannot say enough good about the wonderful group I have to work with on this Board. I

(cont'd pg 7)





New ODS Registered Horses

Welcome to the club! Here's a list of the most recently registered horses in the ODS database.

2508 | Just Call Me Katie | Elizabeth Caudle

Order New ODS Swag

Check out the new ODS swag! Just in time for the holiday season - get your new Polo shirt, sun hat or ball cap! You'll be stylin' around the barn and around town while showing your support of our dressage club.

2021 Region 9 Omnibus Now Available!

The 2021 Region 9 Omnibus is [available for download](#). Want a hard copy? Place your [order here](#); select "Omnibus Hard Copy" from the dropdown menu.

Remember to support our advertisers: be sure to mention you saw their ad in the Region 9 Omnibus!



Stay Safe While Showing Your Support for Region 9

Region 9 face masks are still available for only \$5 each. [Use this form to order](#). Or order from the form in this newsletter issue. Your purchase helps to support Region 9.



Save The Date! Seminar & Clinic in Tulsa Area Coming Feb 2021

Check out the info inside this issue to plan your winter calendar. This is an ODS event you won't want to miss!

ODS Group Texting!

In an effort to more effectively get information out to ALL members, we have contacted Club Express who provides our Web service.

They offer an inexpensive method for group texting. There are some steps YOU as a Member need to take if you wish to participate in this opportunity.



1. You must be 18 years of age or older.
2. If you are a junior, a parent or legal guardian may sign up to receive texts.
3. Per Club Express requirements, you MUST go onto the Web, sign in to your member profile, and Op In for this service. This cannot be done by any other party (eg, the Webmaster) You must choose to do this yourself.
4. We will have strict security measures in place through Club Express, and your information will not be shared with any other party.
5. Only the Webmaster will have the capability of sending out Group texts. You will not be inundated with excessive or annoying texts.
6. Text-worthy items may include: announcements for educational events, shows, meetings.



Oklahoma Dressage Society

Ladies Polo's & Hat Order Form



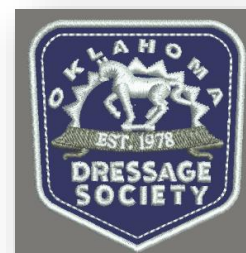
\$35.00



Sun Hat w/ Concealable Sun Flap
UPF30+ Navy

\$35.00

\$25.00



Ladies & Men's Contrast Stitch Micropique Sport-Wick Polo \$35.00

| | | | | | | | | |
|----------------|----------------|----|---|---|---|----|-----|-----|
| Royal | Ladies / Men's | XS | S | M | L | XL | 2XL | 3XL |
| Navy | Ladies / Men's | XS | S | M | L | XL | 2XL | 3XL |
| Pink Raspberry | Ladies / Men's | XS | S | M | L | XL | 2XL | 3XL |

Sun Hat w/ Concealable Sun Flap – Navy \$35.00

Adjustable Ripped and Distressed Cap -Navy \$25.00

Please contact Pamela DeVore with any questions (303) 902-6181
or email pamelad68@aol.com



Support Region 9 with a Mask!

NOTE: All orders will be mailed, no free pickup at Championships!



\$12 each.

Royal blue with white Region 9 logo.

Three-ply, 100% cotton jersey face mask covers the wearer's nose and mouth. Elastic stretch binding ear loops. Machine washable.

Fabric contains silver and copper. Not recommended for use in a surgical setting.

MASKS QUANTITY _____

CALCULATE AMOUNT DUE

NUMBER OF MASKS ORDERED _____ x \$12 \$ _____

SHIPPING: *Mask only orders will ship for \$5. Orders will arrive mid to late October.*

MASKS ONLY ORDER: \$5 PER ORDER \$ 5.00

TOTAL AMOUNT DUE \$ _____

Make checks payable to "USDF Region 9".

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PORTER, OK 74454

Questions? Email Sherry at: guessdrsg@aol.com

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JAGUAR

Yet Another Lesson From My Horse

By Nancy Trait-Lira



Nancy & riding partner, Dutch.

Photo credit to Sandra Galonska Edmondson

You know how we are always hearing about how much we can learn from our horses if we listen to and watch them? Yep! It's definitely been confirmed as a "truism," once again. I've had a lot of lessons from Dutch, one of my riding partners, especially during 2020. I'm beginning to believe that the horses are becoming very needy themselves during the human time of Covid19. "Give me some attention." HA! This kind of attention? I don't think you really thought this through.....

Dutch came in from the pasture at noontime on Sept. 30. He was sharing the pasture with Echo, my 28 years-old mare. Not a problem. Normal routine. They both went into their respective paddocks. I went into the house to eat a little lunch before returning to the barn to

catch a ride on each of them. Beautiful, warm, sunny day. You know the routine. I returned to the barn about 1.5 hours later to start a ride on Dutch. I go in the barn. Grab Dutch's halter. Go back out & into his paddock. WHOA! Where did the giant puddle come from?

Oooooo.....there' a drool coming out of Dutch's mouth that looks like someone left the water faucet open. This apparently is what has made the pond underneath him. Hmmm... he's not looking upset. In fact, he seems to be enjoying his new "toy" and is drinking well. Guess I'll grab up Echo instead to ride. Not too worried. Dutch has had some drooling/spitting problems before. There's a little clover in all the pastures, never been this amount of spit, but hey.... I'll ride Echo and check Dutch out later.

An hour later, I've had a wonderful ride on Echo up and down the hill in the south pasture looking at all the late blooming wildflowers, through the west woods, riding around the north end of the property, and finishing by traveling the trail in the east woods. Sweeney, my constant companion has been trailing us all the way; except, when he's run off after the "SQUIRRELS!" I put Echo in her halter hanging there at the side of the barn and look up to see Dutch at the gate into his side of the barn.

(cont'd)



Yet Another Lesson From My Horse (cont'd)

WOW! He is now creating a new CREEK on the Skull Ranch property! Okay, there is something totally off about this whole thing. I get on the phone with my vet, Dr. Kim Rasmussen, before I even get Echo's tack off.

So we have a nice conversation about this new act that Dutch is scripting. He's drinking well, he's not running a temp, he's ready to go out on a ride, too. (No way am I putting a bit in THAT full running stream!) It's probably that clover.....but he's never been THIS bad before.....although they usually are finished with any drooling in a couple hours after being on the pasture. Watch him.

Dinner time comes next around 6 pm. Echo always gets fed first, so Dutch's standing out in "his spot" that he has started waiting in. Nickers at me and says, "I'm waiting and I'm hungry." He gets his mash delivered and heads for his bucket. I throw a little hay out for him. He's still got puddles around the paddock and the pond has become a lake.....

I always do a "Night Close Up." It happens around 9 pm. I love going out with the stars, owl hoots, coyote calls, quiet.....but not tonight. Dutch always greets me as I walk out to the barn. He's not there tonight. It's pitch black, but even when I get the barn lights on I can't find him. It takes wearing my headlamp to find the poor boy back in the far corner of the paddock. His head is hanging, he's not nickering. Dutch is in bad shape. I'm on the phone immediately with Dr. Kim, texting with her about all that's going on. She's got her own problems with two sick children.

Temp: 100.3F. Normal range

Pulse: normal

Heart rate: normal

I halter Dutch up. Drool is less liquid and more thick saliva and a little less volume. He's not interested in water.

He has some difficulty walking steadily down the small incline to the barn overhang. Headlamp on, opening mouth, sticking fingers in to check inside. Can't feel any burrs or cuts or hay stuck anywhere. I can't see anything inside his mouth causing a problem either.

His gums look dark in coloration.

His skin on his shoulder sticks up in a tent for a full 2 seconds.

Dr. Kim makes the suggestion to take him to the horse hospital. He's going to need fluids. She knows me and my horses. Dr. Kim knows I don't panic easily about my horses' welfare. I end the conversation with her and call the other vet service that I normally use for night emergencies and any kind of hospital work. I, luckily, haven't had too many of those.

This vet-on-call is another situation. She doesn't know me or my horses. I give her all the details along with my regular vet's suggestion. Her response is that it's not an emergency and she could see him in the morning with no problems. And, it wouldn't be an emergency call charge. I say thank you; I'll call someone else. I do. I call Oakridge Equine Vet Hospital in north Edmund. I've not taken a horse there before. I just had driven by it 3 days prior when taking a volunteer home from the ODS/OKC Schooling Show. Coincidence? I talk with a veterinarian there and relate all that has happened during the day and that I was referred by Dr. Rasmussen. His suggestion? Bring him in.

OK. So I'm sure you all know the routine. It's now after 10:30 pm. and I know I have a lot to do. I go back into the house, get a sweatshirt, truck keys, and purse. I still have my headlamp on just in case I need it. I run past the barn 1/4 mile to the north end of our property to the shop. Unlock shop. Turn on

(cont'd)

Yet Another Lesson From My Horse (cont'd)

lights. Open shop door. Get in truck. Keys? Yep. Start truck. Drive it out. Get out. Run back into shop to close shop door. Turn off lights in shop. Out door and jump into truck. Drive it around to back where trailer is parked. Back truck up and under hitch IN THE PITCH BLACK! Oh yeah. Lucky to have a full moon tonight. LOVE IT! Doing pretty good. Only had to get out and look to see if I can drop the trailer down two times. Glad I've still got my head lamp on. Oh.....I haven't used the trailer in a while. Hope the tires aren't flat. Take a quick look. Not flat. Hope they have plenty of air. Hook everything up. Electricals hooked up. Yep, working. Drive down to the barn. Hope Dutch will load nicely. Out and open trailer loading door. Jump in. Open panel inside. Calm down and breathe because Dutch definitely won't load if I'm loaded with adrenaline. Jump out. Calmly, LOL, get Dutch out of paddock and walk toward trailer back end. "Come on, Dutch. Load up." Nope. Okkkkaaay.....breathe. "Come on, Dutch. Load up." Nope....oh, wait. Here he comes. I LOVE YOU, Big Boy. Halter off. He travels that way. Close panel. Bumper bar up. Close back door. Walk to truck. Check trailer is well hitched and locked on in bed of truck. Get in truck. Pull forward past house (where my husband is sound asleep...) and to the front gates. Jump out of truck at gates. Ooops...gate key. Open gates and latch them back. Jump in truck. Pull through gates. Stop. Jump out again and close gates. Jump back into truck. Wait! Remember to call Oakridge to tell them we are on our way. Hoping that I have cellular service right here. Yes. It's now 11:15pm and "we are on our way. 30 minutes? Oh, no. More like 45-60 minutes." LOVE this FULL MOON and the quiet with no traffic of Covid19.....

What happens next? The night's not over and we aren't even at the vet hospital yet. And what does a common plant found in Oklahoma (that people eat) have to do with Dutch? Part 2 coming in November.

(to be continued.....)



Letter From The President (cont'd)

will be sad to see any of them rotate off, and I can tell you, it will be a good experience to come join us! Give it some thought!

Meanwhile, put on another layer, the temperatures just dropped, and I do believe we are going to have to face Winter. Bundle up, be careful of the suddenly frisky horses, and keep riding!

Stay safe and well, my friends,

-Kay

kkamishods@aol.com



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Just For Fun: Out Of The Mouths of Students & Instructors

NEW
MONTHLY
FEATURE!

Instructors ~ don't you delight in those moments when your student "gets it," and can repeat back to you a concept you've been saying many times?

Students ~ don't you value those pearls of wisdom from instructors that just seem to resonate with you?

Do you Instructors & Students out there have quotables to share that others have said to you, or some of your own? Send them to Kay to put in the next newsletter! kkamishods@aol.com

"Prepare the neck -rounder- before all transitions."
"Don't get stuck on 'perfect'."
"Don't 'fix' the problem, instead, 'teach' the solution."
"We must allow length in the horse's topline before we ask it to lift."

From: Sarah Martin, who presented at the ODS June Zoom education meeting. These are quotes recently heard at the clinic at Kay Kamish's farm.



Sarah Martin

"The horse must be allowed to be a horse and to develop its character. Correct dressage and correct handling develop the horse's character. They become perkier, and more confident in themselves. They feel confident in their world, and their bodies become more beautiful through correct dressage, and they live longer and healthier lives. We take away the horse's freedom, but we give something back. We develop the horse's mind."

- Melissa Simms, Head Rider at the Egon von Neindorff Reitinstitut, Karlsruhe, Germany.

Melissa was my mentor and teacher for about 10 years. I learned so much from her, often just from watching her ride, as she was magical when she rode. She held all her students to a very high standard of classical riding which was at times exciting, at others so discouraging at the thought of how much there was to learn and how little I knew. I'm grateful the beauty that Melissa brought to the world and brought out in the horses. -Kay Kamish



Announcements

Dr. DeRoy White, DVM Announces His Retirement

After 41 years of practice, Dr. DeRoy White has announced his official retirement. Please join us Friday, October 30 from 4-7pm at Pine Ridge Equine [2281 W 171st St. S. in Glenpool, OK] to celebrate his years of dedication to veterinary medicine. Food and refreshments will be provided. We hope to see you there!!

- From the Pine Ridge equine Hospital Management



Good morning to all of you wonderful friends who have made the last 41 years of veterinary medicine possible!

Many of you have asked, "when are you going to retire." I have told you I've got the tired part down but not the "Re" part. It's time to put them together. As of October 29, 2020, I will put the Re & Tired together and Retire!

I was told early in life that if you choose a profession you love and are passionate about, you will never have a job. Thanks to equine veterinary medicine, all of our clients and horses I have had the privilege of working on, I have never had a job. I have looked forward to going to work every day.

I graduated from Texas A&M School of Veterinary Medicine on a Friday and went to work the following Monday, September 1, 1979 for Dr Andy Anderson. I worked for Andy for two years, moved to Gerald Well's Ranch and practiced by myself for two years before becoming a partner at Sapulpa Veterinary Hospital, which later became Sapulpa Equine Hospital. July 1, 2016, Dr Brent Hague, Dr Mike Major, Dr Shelby Matz and myself created a partnership and formed Pine Ridge Equine Hospital.

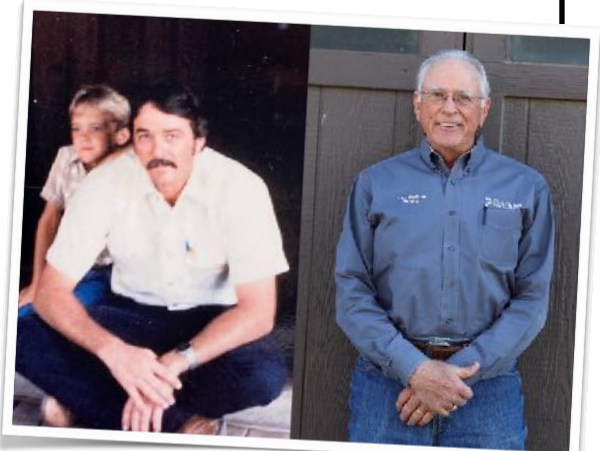
The best part of the last 41 years is I have made many friends. You were first clients and now are life-long friends. We have shared many great times and some sad times together.

It is time for me to close this chapter of my life and open a new chapter. Many of you have told me I should write a book of the true stories I have shared with you over the years. I would like to do that and have a request from you. If you have any stories you would like to share or remind me of, would you write them down and either bring them to Pine Ridge, email them to me at dwhitedvm@tulsacoxmail.com or call me. Most of you have my cell phone number.

Advice given to me in my late 20's by a good client and friend, 82 year old Vick Cohoon, told me as he was shaking his walking stick approximately 6" from my nose was to "Never Quit". I took those words to heart and plan to spend more time competing with my horses, growing our real estate business, spending time with our grandkids and of course working on Lisa's never ending honey-do-list.

It's been a tremendous ride, but it's time to climb out of the saddle and hand the reins over to a wonderful group of doctors, Dr Matz, Dr Metcalf, Dr Carr and Dr McClain. They are not only great doctors but great people with whom I've had the pleasure of knowing and working with.

Thanks to all of you.
DeRoy





A NON-VIRTUAL HORSE SHOW IN OKC!

Written by Nancy Trait-Lira



The High Hill Farm covered arena. (Photo courtesy of Kay Kamish)

So much has been happening around my house in the last month. The first event was one that we worked hard to make happen. It was the one and, sadly, only in-person show (since March 2020) that ODS sponsored. And, it was the first show that the new ODS/Oklahoma City Show Committee got going. Those of you who joined us appeared to have had an enjoyable time. Everyone took the new USDF Covid 19 Health & Safety rules of social distancing to heart and covered our faces with masks. We also were determined to have a good time riding in a great facility, renewing friendships face-to-face (6 feet apart), and spending good, quality time with our best buddies.

High Hill Farm in Luther, was the site of this judged event. The weather was cool and sunny with just enough breeze (is that possible in Oklahoma?) to make riding a really enjoyable experience. Everyone was especially accommodating with the new procedures: signed

releases and health questionnaires at the gate for admission to the facility; no-contact temperature checks; mask checks; no stabling... all in a beautiful facility. The horses were ready to get in the comfortable footing and demonstrate what they had learned. Riders were smiling, joking, sharing stories and enjoying the opportunity to get on their horses and RIDE!!! So many of us have been spending even more time than normal by ourselves so it was a wonderful opportunity for exhibitors to get in front of someone else and receive feedback from new eyes.

The show volunteers enjoyed themselves being able to see friends and beautiful horses all while helping run a schooling show. **THANK YOU, volunteers!**

The opportunity for this show came together quickly, and all who attended had a great time. The facility became available along with the judge from Texas, Ms. Celeste Brown, USDF 'L' Graduate with Distinction; USEF/USDF 'r' Dressage Judge Applicant; USDF Bronze & Silver Medalist. Ms. Brown judged both Classical and Western Dressage exhibitors in classes from Basic to FEI. All exhibitors were able to use the new added bonus of signing up to ride their tests at a chosen time. How awesome is that?!



Donna Copeland/Ralphie and Tracey Brauer/Tucker, Western Dressage exhibitors. (Photo courtesy of Vicki Heath)

Events

ODS Horse Show In OKC

(Cont'd from previous page)

Results? We have a more experienced ODS/OKC Show Committee and volunteers who have great new skills with the updated health protocol. We are also a better equipped show committee as we now have more of the required health supplies.

A huge "Thank You!" goes to the generous show sponsors! Because of our sponsors, ODS is able to hold shows and special events that have reasonable rates for patrons.

This show served also as a great recruitment tool, as we heard about several riders who want to ride Western Dressage, join ODS and attend more OKC-area shows. No moss grows under our feet...work has already begun on the next OKC-area schooling show!



Donna Copeland & Raphaello FA

Save a weekend in **March 2021** for riding with us. ODS, being in the education and show business, will be offering a **Ride-A-Test** experience. The format will include tests as an exhibitor that can be used for End of the Year Schooling Awards. An additional format for signing up will include a final test ridden by the exhibitor (also qualifying for the YE Awards) that will then include a coaching session with the judge. The coaching session will end with a re-riding of that test utilizing the coached elements. This test will *not* be eligible for YE Awards. Looking for an immediate, individualized coaching for a test experience? We will have it for you. Stay tuned for more details.

A special **"Thanks!"** goes to all the volunteers who helped with this OKC schooling show: **Laura Custer, Pamela DeVore, Kay Kamish, Erin Nelson and Darci.**



Save The Date!

Coming **February 20-21, 2021** to Tulsa, OK (dates to be confirmed)

Judges Seminar & Clinic with Dolly Hannon "S"

Saturday Mounted Clinic: An Opportunity To Work On Freestyle If Desired

Sunday Class Setting: Judges Seminar for CE for "L" Graduates & Judges

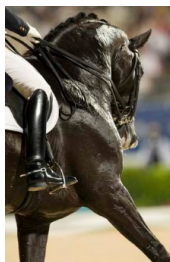




FREE MEMBERS APPRECIATION CLINIC

FOR OUR TREASURED MEMBERS!

SATURDAY NOVEMBER 7, 2020



Last year ODS held our first ever Free Clinic for Volunteers. We had every intention of doing the same in 2020 ~~ except our major events had to be cancelled, thereby limiting the volunteer opportunities. So, this year we decided to hold the Free Clinic as a **Members Appreciation** event. You members are the ones we work so hard for, trying to provide interesting and exciting events for your riding pleasure! Auditors are welcome at no charge.

How this will work in 2020 is we will accept applications from members on a first come, first serve basis. This clinic will be open to Amateurs and Juniors, and we welcome both Traditional Dressage and Western Dressage riders.

We are pleased to have **Laurie Hedlund** as our Instructor this year. The clinic will be held **Saturday, November 7** at **Sonrise Stables** in Broken Arrow, OK. Fill out the application below and join in on the fun!! Bring your own lunch and we will distantly gather for a little socializing!



ODS FREE MEMBERS APPRECIATION CLINIC APPLICATION

NAME _____ PHONE _____

ADDRESS _____

_____ ZIP _____

EMAIL _____ AMATEUR _____ JUNIOR _____

NAME of HORSE _____ LEVEL of TRAINING _____

TRADITIONAL _____ WESTERN _____

REQUESTS (Morning/Afternoon?) _____ Stabling needed (arrange through Sonrise) _____ Other? _____

Send application to:

Jan Murrell
8200 W 53rd Street S.
Muskogee, OK 74401

jan.cibula@gmail.com

918.360.6425

Events



VIRTUAL SCHOOLING SHOWS
VIRTUAL SHOW 6- Judge- Sherry Guess
VIRTUAL SHOW 7- Judge- Roberta Clark

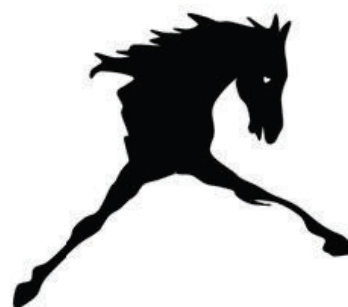
Closing Dates:
Virtual Shows 6 & 7
November 1st, 2020

SCORES WILL COUNT FOR YEAR END AWARDS
AWARDS (INCLUDING HIGH POINT AWARDS) WILL BE SENT TO
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GCC Championships - A Virtual Show

Closing Date: Dec 1

A new test filmed specifically for this show is required. No previous videos are permitted.

ALL HORSES
CAN BE
EXPOSED AND
ALL CORE
DISEASES
HAVE HIGH
MORTALITY
RATES

EXPOSURE CANNOT BE PREVENTED

☐ Mortality rates:

- EEE, 90%
- WEE, 50%
- Tetanus, 75%
- West Nile, 33%
- Rabies, 100%



- ☐ Annual vaccination is the only way to protect horses from these deadly diseases.

It's Election Time!



Your ODS Board is composed of nine members, and designed to have a rotation of three new openings every year. This year **Emily Moser, Marta Koenig, and Nancy Trait-Lira** will have fulfilled their terms. We are looking for folks to fill their spaces. Please consider putting your name in the ballot box, or nominate someone who you think would be a valuable Board member. We need people who can donate a little of their time and lots of their ideas to run YOUR club. ODS can only grow and be as strong as those few people who are willing to step up and put effort into it.

Outgoing Board members can put their names in as candidates to serve again (YES, that IS a hint!!), as well as any of the adult members willing to help out.

****Parents**** you do not necessarily have to be a rider to be on the Board. What we need are people enthused about the operation of the Club who are able to invest some time. This past year has been challenging for us all, and especially for me as a first-time President. I want to thank every current Board member for the positive, can-do, willing attitudes you have all brought to the table. You all made it fun in spite of the challenges.

We are now accepting nominations for future Board positions. You may nominate yourself, or suggest someone else. Please do this sooner than later, so we can begin to assemble nominee profiles to announce to the membership. Voting will take place at the AGM in January 2021. Below is the current ODS Board Member List.

Last Yr To Serve 2022

Lindsey Greco
Kay Kamish
Erin Nelson

Last Yr To Serve 2021

Nancy Burba
Jan Cibula
Sherri Pittman

Last Yr To Serve 2020

Marta Koenig
Emily Moser
Nancy Trait-Lira



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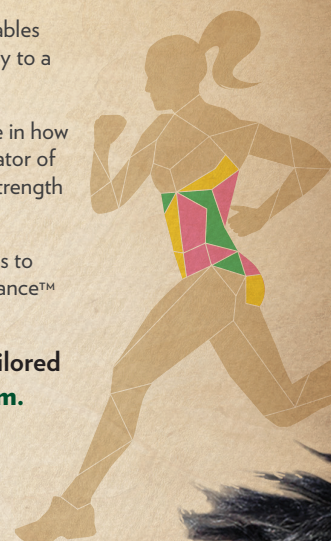
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Just like humans, horses have a core muscle group that enables motion, performance, and drive—and proper nutrition is key to a healthy core.

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CROUP

LOIN

WITHERS & BACK

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Good To Know



Blanketing Temperature Chart

| Average Temp (F) | Unclipped | Clipped |
|------------------|---|---|
| 60° | Nothing | Nothing or Lite Turnout (no fill) if Rainy/or Windy |
| 50° | Nothing | Lite Turnout |
| 40° | Lite Turnout | Medium Turnout with Standard or High Neck |
| 30° | Lite to Medium Turnout | Medium Turnout with High Neck or Neck Cover |
| 20° | Medium Turnout | Heavy Turnout with Neck Cover |
| 10° | Medium Turnout with Standard or High Neck | Heavy Turnout with Neck Cover |
| 0° | Medium or Heavy Turnout with Neck Cover | Heavy Turnout with Neck Cover or Double Blanket |
| Below 0° | Heavy Turnout with Neck Cover | Double Blanket with Neck Cover |



Pine Ridge EQUINE HOSPITAL

Pine Ridge Equine Hospital, PLLC is a full service equine hospital that provides **24/7** surgery, medical, ambulatory, & emergency care. Our veterinarians are experienced in all types of conditions and treatments. Beyond first rate horse care, we make our clinic comfortable, friendly, and a very calm environment so your horse can relax and look forward to meeting his or her own veterinarian.

Pine Ridge's services include, but are not limited to, the following:

- Acupuncture
- Chiropractic
- Coggins
- Dentistry
- Emergency
- Endoscopy/Gastroscopy
- Health Certificates
- In-House Laboratory
- Lameness Exams
- Laser Therapy
- Microchipping
- Pre-Purchase Exams
- Radiology
- Regenerative Therapies
 - Stem Cell, PRP, IRAP
- Reproductive
- Shockwave Therapy
- Surgeries
 - Elective & Emergency
- Ultrasonography
- Wellness
 - Deworming, Vaccines

918-827-8000

reception@pineridgeequine.com | www.pineridgeequine.com
2281 West 171st Street South | Glenpool, OK 74033



CLASSIFIED ADS

Sell your horse, trailer, tack, property or other equine related items here in the ODS newsletter classified ads.

Non-commercial ads are FREE for ODS members and only \$5 for non-members.

Ads will run one month unless owner re-submits.

To advertise, email the editor: newsletter@dressageoklahoma.org.



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OUR SERVICES

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Full-service Equine Medicine and Surgery

OKLAHOMA DRESSAGE SOCIETY MEMBERSHIP

ODS is a Group member organization (GMO) of Region 9 of the United States Dressage Federation (USDF).

New Membership _____ Renewing Membership _____ Information Change only _____

Last Name _____ First Name _____ USDF ID# _____

Address _____ City/State Zip _____

Daytime Phone _____ Evening Phone _____ Cell _____

Email _____ Birth date: Mth ____ / Yr ____

USDF membership year is Dec 1st - Nov 30th . Membership dues are late after November 30th .

ODS Membership – Select One Category. For family memberships consisting of more than two family members, please check both boxes for that section (Family and Add third family member).

\$54 Adult: Please check which applies: Open ☐ Amateur ☐ Vintage (50+) ☐ \$ _____

\$20 Charter / Life (for ODS founding members and those members who have lifetime memberships) \$ _____

\$44 Junior, under 18 as of Dec 1 of the current membership year \$ _____
(For example, must be under 18 Dec. 1 of 2015 for 2015 membership)

\$64 Family (for two family members)

Name of second family member _____ Birth Day Mth ____ / Yr ____ \$ _____

\$10 Add third family member

Name of third family member _____ Birth Day Mth ____ / Yr ____ \$ _____

Chapter Membership – Check which chapter you would like to join. Chapter membership is not required, but is required to participate in the Chapter awards programs. Chapter membership cost is the same for an individual or a family.

\$10 Green Country Chapter (GCC) \$ _____

DONATION to ODS. (ODS is a tax exempt 501.c. organization) OPTIONAL \$ _____

\$5 DISCOUNT for memberships received before November 30th . - (\$ _____)

TOTAL AMOUNT ENCLOSED \$ _____

Please tell us about your USDF/USEF accomplishments by checking any of the following boxes that apply. We plan to publish a list of member accomplishments on the website and in the directory.

☐ Gold Medal ☐ Silver Medal ☐ Bronze Medal ☐ USDF Rider Performance (Training, 1st, 2nd) ☐ "L" Judge

☐ USDF Instructor Certification - Level _____

ODS membership is an opportunity to promote Dressage in your community. The club is ONLY as good as it's most ACTIVE members. We need your help! What are your skill sets? Please circle all that apply.

Scribing ☐ Scoring ☐ Organization/Management ☐ Accounting ☐ Spreadsheets ☐ Arena Set-Up/Tear-D own ☐

Photography ☐ Fund Raising ☐ Other _____

I hereby release the Oklahoma Dressage Society, it's officers, members, employees and agents from any liability and all claims of every kind, including costs, expenses, or attorney fees that might result from damages, injuries, or losses resulting directly or indirectly from the negligent act or omissions of the officers, members, employees or agents of the Oklahoma Dressage Society Club. I agree and sign below:

Signature: _____ Dated _____ (Parent or Guardian Signs for Jr. Rider)

Mail this form, with check payable to "Oklahoma Dressage Society – Membership" to: Marta Koenig, PO Box 1101, Kellyville, OK 74039.

Email Nancy Trait-Lira: ntraitlira19@gmail.com Phone: 405-454-1766 (membership) Please allow 4 to 6 weeks for processing by USDF.

Events Calendar

Horse Shows | Meetings | Clinics | Symposiums | Social Events

Go to the Events Calendar tab on dressageoklahoma.org for more details about the events listed below. Registration information and forms are available through the Event Calendar tab. To get your event listed on the website, contact the ODS webmaster Sue Twitty at webmaster@dressageoklahoma.org. To get your event listed in the Centerline newsletter, contact the newsletter editor Melissa Furman at newsletter@dressageoklahoma.org. The most current, up-to-date event listings and information are posted online.

Nov 1 Closing date for GCC Virtual Show 6 & 7

Nov 5-8 ~~US Dressage Finals~~ (canceled)

Nov 7 FREE Members Appreciation Clinic (w/Laurie Hedlund)

Dec 1 Closing date for GCC Championships virtual show

Feb 20-21 Judges Seminar & Clinic w/Dolly Hannon "S" (Tulsa) - Note: dates to be confirmed

Calendar Note: All remaining GCC 2020 shows, including the Championships, will be virtual. Please refer to the GCC Facebook page for details.

ShowSecretary.com

Monthly ODS Meetings Open To All Members

Every Oklahoma Dressage Society member is welcome to attend via phone the monthly Board of Directors meeting, usually held on the second Wednesday of each month starting at 6:30pm.

You may call in to attend virtually by dialing 712-432-3900 (conference code #535614).

Next ODS Board Meeting:

**Nov 11
@ 6:30 pm.**



ODS Board Members

President - Kay Kamish president@dressageoklahoma.org

Vice President - Jan Cibula Murrell jan.cibula@gmail.com

Secretary - Erin Boon erin.boone11@gmail.com

Treasurer - Marta Koenig treasurer@dressageoklahoma.org

Education - Kay Kamish kkamishods@aol.com

Membership - Jan Cibula Murrell jan.cibula@gmail.com

At Large - Nancy Burba nobleroadeq@gmail.com

At Large - Emily Moser emismc@gmail.com

At Large - Lindsey Greco lindseymgreco@gmail.com

At Large - Sherri Pittman sherriwads@aol.com

ODS Leadership Volunteers

Newsletter - newsletter@dressageoklahoma.org

Scholarships - Nancy Trait-Lira ntraitlira19@gmail.com

Web Master - Lindsey Greco webmaster@dressageoklahoma.org

Mailing Addresses

Please indicate on mailing envelopes to whose attention (person or office) you need to direct your correspondence. For example, "ATTN: Treasurer"

ODS Mailing Address
PO Box 1101
Kellyville, OK 74039

ODS Street Address
29395 South 4130 Road #B
Claremore, OK 74019