

## **NEWSLETTER**

**July 2013** 

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### From Our President

THE HEAT IS ON! Oklahoma summer is definitely here. We've already started having days with temperatures over 100. Once you factor in the humidity, things can get really dangerous for both you and your horse. Here is a widely accepted working guideline (featured in a variety of publications) for the two of you. The formula for calculating safe heat/humidity is:

Temperature + Percent/Humidity = X

For example:

100 degrees at 60% humidity = 160

If X is less than 120, all systems go. If X is between 130-150, go with caution and watch for signs of heat stress. If X is 180, do not work horses because they will not be able to adequately cool themselves.

Realize that older horses, just like with people, are less tolerant of higher temperatures. The bigger and heavier the horse, the longer it will take the horse to bring his core temperature down after work.

Although the digestion of a meal will raise the horse's temperature, you don't want to ride your horse without something in his stomach. Recent studies have found that stomach acid sloshing around in an empty stomach, especially with the active gaits of a dressage horse, can encourage ulcers. While riding your horse after a large meal can lead to overheating, riding on an empty stomach can lead to ulcers. Obviously, we need to strike a happy medium.

If you decide to hose your horse to cool him, realize that he needs to dry quickly for it to actually cool him down. Leaving your horse wet will make it harder for him to cool off. You may want to add alcohol to your final rinse as the alcohol will evaporate and increase the cooling process.

Another way to beat the heat . . . ride early and come to the ODS Summer Meeting on Saturday, July 27 at 1:00 p.m. in the air conditioned Edmond Public Library.

Have a safe summer!

Sherry

## **ODS Summer Meeting**

We hope you are making plans to attend the ODS Summer Meeting on Saturday, July 27, at 1:00 p.m. at the Edmond Public Library, located at 10 South Boulevard in Edmond.

Our featured speaker this year will be **John Muldoon**. John has been a full time therapeutic farrier for 35 years. He holds a Bachelor of Science with an emphasis on veterinary medicine from Colorado State University, a Bachelor of Science in Mechanical Engineering from Colorado School of Mines and Associate Bachelors in Accounting from University of Denver. With these credentials, you may be wondering why John Muldoon is a farrier.

John chose to be one of the very few therapeutic farriers because he likes the personal satisfaction of watching a horse walk in with problems and walk out with a solution. He currently works hand in hand with 18 veterinary clinics and is considered one of the best in his field.

John's presentation is entitled "No Foot - No Horse" and features the following topics:

- Conformation of the horse and how conformation dictates the activity of the feet
- The contour of the sole and how it relates to the coffin bone and the lower leg
- How an owner can tell if his horse is balanced
- How conformation dictates the way the horse's hooves grow and what predisposes certain types of lameness
- Questions and discussion that relate to his specialty

We hope you won't miss your chance to be a part of the decisions that affect the organization as well as take advantage of this incredible learning opportunity.

## **ODS Gemstone of Excellence Rider Award**

The **GERA** or Gemstone of Excellence Rider Award has been offered by ODS since 2005 as a means of recognizing rider achievement. A gemstone set in a sterling silver dressage horse jewelry pendant or pin is awarded at each level for both Schooling and Recognized Shows and will be presented to the recipient at an ODS event. Riders can combine rides and horses over several years to qualify for these awards. A minimum ride percentage is required for each level. For more information on the awards criteria and to access the application, please visit the "awards" section of our web site at www.dressageoklahoma.org.

### **USDF Seeks Feedback**

Please visit the USDF web site at www.usdf.org to take part in two important surveys:

Do you have a comment about a competition that you attended? USDF wants to hear from you. The **USDF Competition Survey** is available on the USDF website at http://www.usdf.org/competitions/competitors/survey.asp. Please take a moment and provide feedback about your recent competition experiences.

Also, the USDF Membership Committee is conducting a survey to help USDF understand how it can better serve its members. As a member-based organization, your feedback is important and each member plays an essential role in shaping the future of USDF. Please take a few minutes to complete the **Member Satisfaction Survey** as USDF strives to better serve you. The survey can be taken by going to http://www.surveymonkey.com/s.aspx?sm=1UtkaSNXvhRdi3kppM03Rw 3d 3d.

Questions can be directed to members@usdf.org.

# **USDF Connection Earns Top Judges' Marks in Equine-Media Competition**

Lexington, KY, June 25, 2013 — USDF Connection, the member magazine of the United States Dressage Federation, earned several top placings in the prestigious 2012 American Horse Publications Annual Awards Contest.

The awards, which recognized excellence in print and online equestrian media published in 2012, were announced June 22, 2013, during the 2013 AHP "Meet at the Peak" seminar in Colorado Springs, CO.

USDF Connection's "Clinic" series on getting to Second Level, "Get to Second Base" (June 2012 through December 2012/January 2013), earned top honors in the Instructional Series (print) category. The author, Beth Baumert, is a USDF-certified instructor through Fourth Level and the vice president of The Dressage Foundation, Lincoln, NE.

The magazine's report on the 2012 Olympic Games dressage competition, "The Best of Times, the Worst of Times" (November 2012), took first place in the Editorial Event Coverage Single Article category for print publications with a circulation of 20,000 or more. The story was written and photographed by USDF Connection editor Jennifer Bryant.

Two columns were recognized in the Personal Single Column class, circulation 20,000 and up. Jennifer Bryant's "Ringside" column on rider fitness, "Fit to Ride" (December 2012/January 2013), took second place. USDF member and FEI-level dressage instructor/trainer Kate Phillips earned third place for her "The Tail End" column on helmet use, "Courtney's Legacy" (June 2012).

The 2012 AHP Annual Awards Contest drew 758 entries from 104 AHP members. For more information about AHP, visit www.americanhorsepubs.org.

USDF Connection, published ten times a year in print and digital editions, is a benefit of membership in the United States Dressage Federation and its many affiliated dressage clubs, called group-member organizations (GMOs). For information about USDF membership or advertising in USDF Connection, visit www.usdf.org.

## **USDF Launches New Sport Horse Prospect Development Program**

Mark your calendars and plan to attend the inaugural USDF Sport Horse Prospect Development Forum, presented by Dressage at Devon, a USDF Education Partner, supported by Hassler Dressage and hosted by New England Dressage Association.

Created by the USDF Sport Horse Committee, this new program is designed to bridge the educational gap in the development of dressage horses, as they progress from showing in-hand to work under saddle and eventual competition.

The inaugural forum will be held September 14-15, 2013 at Apple Knoll Farm, in Millis, Massachusetts. The forum will be led by internationally renowned sport horse development experts and educators, Scott Hassler, USEF National Young Dressage Horse Coach, and Ingo Pape, one of Germany's most respected breeders and horsemen.

Participant applications will be accepted through July 1. Auditor pre-registration closes August 30.

Visit the USDF website at www.usdf.org for more details about the forum.

## **Twitter Q&A with Jeremy Steinberg**



Join USDF and Jeremy Steinberg for a live Twitter Q&A on Wednesday, July 17, 2013 at 3:00 pm EST. Tweet your questions to @USDF and use #usdf.

Steinberg is the USEF National Dressage Youth Coach and was a featured presenter at the 2011 Adequan/United States Dressage Federation National Symposium in Del Mar, California. He will also conduct a JR/YR clinic February 1-2, 2014 at Twinwood Equestrian Center in Simonton, Texas.

## Rabies in Horses on the Rise

A recent web article by Dr. Jennifer Coates, DVM, touched on a situation in Northern Colorado that shows why it is important to carefully evaluate the specific vaccinations your horse should receive. A vaccination that wasn't important last year, may be important this year, due to changes in the horse's environment.

Veterinarians in Northern Colorado, where Dr. Coates practices, used to rarely recommend vaccinating horses against rabies. Since the major route of transmission was through contact with bats, which is an uncommon occurrence, they almost never saw the disease.

This situation has changed dramatically, however. "Terrestrial" rabies (i.e., rabies carried by land-dwelling animals like fox, skunks, and raccoons) is now the predominant form in Northern Colorado. The office of the Colorado State Veterinarian (CDA) recently sent out notifications that two horses from separate facilities in Weld County, Colorado, have been diagnosed with rabies. According to their reports:

On May 13th, a dead skunk was found in a horse pen on a premises near Berthoud, Colorado. The skunk subsequently tested positive for rabies. All of the horses had been rabies vaccinated by the owner approximately 1-2 years prior to the incident. A CDA Field Veterinarian examined all of the horses after the incident and no signs of trauma or bites wounds were evident. The horses were vaccinated for rabies, owners were instructed to have the horses re-vaccinated again in 30 days, and were placed under order to observe the horses closely and restrict movement for the next 120 days. On June 6th, 2013, the attending veterinarian was called to examine one of the horses which was febrile, depressed, drooling, and showing mild right facial nerve paralysis. The following day, the attending veterinarian and CDA Field Veterinarian observed that the horse showed additional clinical signs of hind limb ataxia and mild paralysis. The horse was taken to CSU Veterinary Teaching Hospital, admitted and placed in isolation. On Saturday, June 8th, the horse was euthanized and necropsied at the CSU Veterinary Diagnostic Laboratory; CSU pathologists subsequently confirmed that the horse was positive for rabies. Local public health authorities are working closely with those involved in the case for appropriate rabies prophylaxis.

On June 13th, 2013, CSU Diagnostic Lab confirmatory tests revealed that another horse from Weld County was rabies-positive. The owners of the horse brought the horse to a veterinary clinic due to anorexia and colic, progressing quickly to clinical signs of stumbling, muscle tremors around the face and neck, and eventually the inability to stand. The attending veterinarian euthanized the horse and the CSU Veterinary Diagnostic Laboratory performed the testing that confirmed the horse was rabid.

When veterinarians in Northern Colorado began recommending rabies vaccines for horses, many owners balked. Rabid horses just don't fit with the picture people have of the disease, and we've been lucky not to see many cases in companion animals, until recently.

# USDF/Platinum Performance FEI North American Junior and Young Rider Dressage Championships Teams Announced

The United States Dressage Federation (USDF) has announced the riders selected to represent the U.S. in the USDF/ Platinum Performance North American Junior/Young Rider Dressage Championships (NAJYRDC) at the 2013 Adequan FEI North American Junior/Young Rider Championships, presented by Gotham North, at The Kentucky Horse Park in Lexington, Kentucky. The championships will be held July 17-21, 2013. A total of 57 juniors and young riders will represent each of USDF's nine regions. The NAJYRC is the premier equestrian competition in North America for juniors and young riders, age 14 to 21. Young equestrians come from the United States, Bermuda, Canada, Mexico, Puerto Rico, and the Caribbean Islands to vie for team and individual FEI medals in the three Olympic equestrian disciplines of show jumping, dressage, and eventing, and the FEI World Equestrian Games disciplines of reining and endurance. The competition is run under rules of the FEI (Federation Equestre Internationale), the international governing body for equestrian sport, and is the only FEI championship held annually on this continent.

The following riders and horses will represent the United States on a junior or young rider team, of up to four, from each of the nine USDF regions.

USDF Region 1 Junior Team: Barbara Davis and Rotano, Ashleigh Conroy-Zugel and Ungaro, Kaitie Lang and FA Patriot, Nicholas Hansen and Ritter Benno

USDF Region 1 Young Rider Team: Kaitlin Blythe and Daverden, Arden Wildasin and Mystery Whisper, Alexa Derr and Just Livingston, Jennifer Foulon and Little Granny

USDF Region 2 Junior Team: Rebekah Mingari and Unico, Keegan O'Brien and Donatello, Kayla Barteau and GP Ubilee, Leonard Behrens and Lassitter

USDF Region 2 Young Rider Team: Rosemary Julian-Simoes and Proteus, Julia Boss and San Remo, Nicole Chiappetti and Pip, Paige Miller and Pantros-S

USDF Region 3 Junior Team: Lindsey Holleger and Friedensfurst, Mallory Kent and Okiedokie, Rachel Robinson and Ucarius, Jamie Doolittle and Wild Tiger

USDF Region 3 / 4 Young Rider Team: Avery-Anna Hogan and Incognito, Clare Krska and Romincka, Kelli Montgomery and Major, Krista Spencer and Take Over

USDF Region 4 /5 Junior Team: Dallas Van Stratten and Vainqueur E, Inga Fuengerlings and Milo, Laine Collins and Superstar

USDF Region 5 Young Rider Team: Amelia Child and Veto, Devon Wycoff and Power Play, Talia Hershaft and Westfalica

USDF Region 6 Young Rider Team: Ayden Uhlir and Sjapoer, Molly Eastridge and Donnerspiel, Sadie Lahey and Up to Date P

USDF Region 7 Junior Team: Gabriela Glumac and Zodessa, Rison Naness and Venezia, Lindsey Brewin and Vaillant, Olivia Zeilinger and Stentano

USDF Region 7 Young Rider Team: Ariel Thomas and Montfleury, Jaclyn Pepper and Taboo, Jamie Pestana and Winzalot, Teresa Adams and WeeJee

USDF Region 8 Junior Team: Hope Cooper and Don Diamond, Giulia Cohen and Lasserre, Regan Salm and Karat EG, Clara Maynard and Diamond Delight

USDF Region 8 Young Rider Team: Grace Goodby and Schabus Waitongo, Emma Lengle and Arami, Katelyn Kok and Morgan Enshoj, Kate Mancosh and Lea 7

USDF Region 9 Junior Team: Kalie Beckers and Carush, Cassie Schmidt and Velasquer, Anna Campbell and Mai, Mattie Zepernick and Wencenza

USDF Region 3 / 9 Young Rider Team: Hannah Hewitt and Lasall, Audrey Jones and Rondo Del Rey, Benjamin Winger and Ytzen, Codi Harrison and Poetry in Motion

For complete qualifying results and standings for the USDF/Platinum Performance NAJYRDC, visit the USDF website. For additional information regarding the Adequan FEI North American Junior/Young Rider Championships presented by Gotham North, visit http://www.youngriders.org/.



## Participate in the Region 9 Nutrena/USDF Adult Clinic Series featuring Hilda Gurney

Don't miss the opportunity to participate in the Region 9 Nutrena/USDF Adult Clinic Series featuring **Hilda Gurney**. Two-time Olympian and 2007 Roemer Foundation/USDF Hall of Fame Inductee, Hilda Gurney, has had an enormous positive impact on US dressage over the past several decades. She is a dedicated teacher, instructing a generation of students from the grass roots to international levels. The names of her many students could fill a book, including Debbie McDonald, Charlotte Bredahl-Baker, Kathleen Raine, and David Wightman.

The Region 9 clinic will be held November 2-3, 2013, at Willow Draw in Weatherford, Texas. For more information about the clinic, please visit www.usdf.org/docs/education/clinics/adult/Region9GeneralInformation.pdf.

To pre-register as an auditor, please visit www.usdf.org/docs/education/clinics/adult/Pre-RegistrationForm.pdf for a hardcopy of the registration form. To register on-line, please visit www.usdf.org/education/clinics/adult/dates-locations.asp and select "register now" under auditor registration for Region 9. Auditor registration ends on October 18, 2013.

If you are interested in riding, please visit www.usdf.org/docs/education/clinics/adult/RiderApplication.pdf for the rider application. Rider applications due on or before September 6, 2013.

## The Thoughtful Rider

#### Positive Training: Creating the Spark and Enthusiasm From Within Your Horse

Many times in retraining a horse ultimately it is the ingredient of enthusiasm that is missing and the only way to attain it is with forward riding. Get away from the exercises you are performing and get back to them once you have attained the spark. Then the exercises will have the true purpose of development.

During the stage of forward riding reduce the length of the ride to roughly the 15-20 minutes with the goal being a little cluck cluck from the voice and to have all the eagerness that is available. In order to do this first we must get the balance so he is not on the forehand. It is not hard to do. The neck needs to be with the poll as the highest point. You need to feel his center of gravity become located more under you and more to the quarters. For this to be successful both the rider and the horse must be awake. Horses will respond; they are good souls. This attitude should be there from the onset; otherwise we only warm-up inefficiently without preparing the horse for the possibilities. And so between you and your horse it is building the fire.

Energy: without it what is there? The goal needs to be finding where the edge is and going beyond it. Once you know where the edge is then all you need to do is back off a little bit. The horse's mind will guide you. All this needs to be done in short bursts and not sustained ones. Think and act as if you are training him for the thoroughbred races and put dressage on the backburner. Excitement from you and him is the task at hand.

Work 15-20 minutes with the breaks included with no segment lasting more than 5 minutes more or less. Praise him plenty as he begins to awaken up and takes the bit from his quarters. This is done with light seat positioning from the rider and positively no sitting trot. But remember this will not work if he is on the forehand so you must change his center of gravity first before going only more forward.

When the spark and enthusiasm is within the horse and you can feel it even before mounting then it's time for the next phase of education in positive training. Your horse will be grateful and happy for the joy you are presenting him. Without joy there is no real dressage and there never will be true beauty.

Hector Carmona, Jr., FEI Trainer hectorcarmonadressage.com

#### **ODS ADVERTISING RATES**

#### **Newsletter Advertising**

Basic Ad Rates:

Full Page - \$40

Half Page - \$20

Quarter Page - \$10

Business Card - \$7.50

Schooling Show or

Clinic Announcements:

First Insertion - \$20

Additional Months - \$15

Advertising Deadline:

Copy and payment submitted

by 7th of month

, (Newsletter publishes mid-month)

#### Website Advertising

Banner Ads:

3 Months - \$30

6 Months - \$60

1 Year - \$120.00

Placement at the discretion of webmaster; includes site link

Schooling Show or Clinic

Announcements:

\$20 - First Insertion

Additional Months - \$15

Calendar Listing:

Free (as space allows)

Non-Commercial Classified Ads:

Members - Free

Non-Members - \$5

May be modified if space is limited

**Great opportunity for trainer** to lease part of beautiful 120 acre equestrian facility at Woodridge Farm, Claremore. We have available 12 stall training barn with tack rooms and laundry; shared use of indoor and outdoor arenas and 10 stall barn for clinics; negotiable amount of acreage/paddocks/runs for turn-out; 3 bedroom/2 bath house with sunroom, garage, and additional storage building. Would also consider leasing house only. For those who know the farm, this is the house my parents built. Call Vanessa at 918-629-0814.

AVIATOR - 4-year-old bay Hanoverian Gelding by the Elite Hanoverian stallion, Arrian; out of Hanoverian mare, Vi Dora Tia.

LANDOLET– 2-year-old bay filly by the Elite Hanoverian stallion, Lankonig; out of Hanoverian mare, SO-LEI.

Please call Joanne Eberstein at 918.633.1023 for more information.

PEPPY SUE ZAN (Goldie) is available to raise your next sport/dressage horse. She is a 15-year-old registered QH/Palomino and is a wonderful broodmare and 'mom'. She has raised four big foals sired by Belgian and Percheron stallions. \$1,800

JUNO is a beautiful buckskin QH/Percheron mare. She stands 16 hands and will turn four-years-old in May. She was imprinted as a foal and has some basic ground work. \$3,200

Photographs of both horses are on my Facebook page at Lonesome Dog Photography. For more information, contact Debbie Fimple at 918-244-6627 or lonesomedogstudio@hotmail.com.

Whispering Willow Stables in Mounds, Oklahoma, currently has **openings for boarding**. Whispering Willow Stables is a private, gated equestrian facility located on 80 lush acres. Amenities include 12 x 12 stalls with mats, indoor wash racks with hot water, tacking stalls, security code tack rooms, fly spray system, day turnout paddocks and free flow exerciser. We offer three arenas: a  $100 \times 200$  covered lighted arena; a  $120 \times 240$  all-weather outdoor arena; and a  $280 \times 150$  outdoor arena. Full board or pasture board (limited availability). Please call Teresa at (918) 364-5009 or (918) 770-5900 for further details.

EYORE - 14.2hh bay gelding, approximately 16 years old. This first level horse has an extensive show career in three-day eventing. Owner no longer has time to show. \$2,500 to approved home. Call Lora Shipley at 918.760.6750 for more details.

#### Don't Forget to Renew Your ODS Membership

Your ODS membership provides the following benefits:

- A group membership (GMO) in the USDF that includes the USDF monthly magazine USDF Connection
- Region 9 Annual Omnibus that provides detailed information on recognized shows throughout Oklahoma, Texas, Arkansas, and Louisiana
- The on-line ODS newsletter that includes upcoming events statewide, dressage-related articles, show results, news, information, and advertisements, as well as news from the ODS board activities and meetings
- A web site that provides late breaking news, forms, etc., at www.dressageoklahoma.org
- Optional membership in the local dressage chapter of your choice
- Statewide annual membership directory
- ODS supported USEF/USDF recognized shows, ODS recognized schooling shows, clinics, and other educational events and programs
- The Junior/Young Rider Program that includes special activities for riders aged 21 or younger. (Age as of January 1<sup>st</sup>.)
- You have the opportunity to participate in shows, share your insights, and make new friends!

The Oklahoma Dressage Society's Board of Directors is comprised of volunteer leaders who truly care about the future of dressage in Oklahoma and Region 9. We are planning activities for this year, hoping that we meet the majority of our members' educational and competitive needs, including yours! To renew—or join—please see the membership application elsewhere in this newsletter.

#### OKLAHOMA DRESSAGE SOCIETY MEMBERSHIP APPLICATION

ODS is a Group Member Organization (GMO) of the United States Dressage Federation (USDF) and belongs to Region 9
See also www.usdf.org and www.usdfregion9.org and www.dressageoklahoma.org

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USDF r	membership year is D	ecember 1 through N	November 30.	Apply this member	rship to year 20		
	Membership – Select and Add third family		amily members	hips consisting of	more than two family	members, please check both	
<b>□</b> \$45	5 Senior / Adult / Vir	ntage 🗖 Open	☐ Amateur	□ Vintage			
<b>5</b> \$20	Charter / Life (for G	Charter / Life (for ODS founding members and members with lifetime memberships)					
<b>□</b> \$35	Junior - Under 18 as of December 1 of current membership year Birth Date For example, for 2013 membership, must be under 18 on December 1, 2013, even though membership year begins in 2012						
<b>□</b> \$55	Family (for two family members) - Name of second family member						
<b>□</b> \$10		Add third family member - Name of third family member					
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	OPTIONAL don	ation to ODS. ODS	is a tax exempt	501(c) organization	on		
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(If Junior Rider, this form must be signed by parent or guardian)

Mail this form with appropriate check payable to "Oklahoma Dressage Society" to Beth Circle, 19705 So 43rd W Place,, Mounds, OK 74047 - bcircle@rentechboilers.com

Please allow 4 to 6 weeks for processing by USDF